



Symptomatic Severe Aortic Stenosis (ssAS) & the TAVR Procedure

Start the conversation about available treatment options



Depending on your medical history and the severity of your condition, you may be a candidate for a minimally invasive valve replacement procedure - transcatheter aortic valve replacement (TAVR). This treatment option can significantly reduce your recovery time and on average enables patients to return home one day post-TAVR.¹ You might also be a candidate for the Medtronic TAVR replacement valve, Evolut™, that's been shown to deliver superior valve performance and excellent outcomes for women with ssAS.²

Questions to ask your doctor & your heart team

Any Aortic Stenosis diagnosis is serious, so you'll need answers to some important questions before deciding on your best course of action with your doctor.

Understanding your diagnosis:

- Is my Aortic Stenosis considered "severe"?
- Why is treatment necessary?
- How will treating my heart valve disease impact my life?
- What's the prognosis if my Aortic Stenosis goes untreated?

Weighing your treatment options:

- How effective are the various treatment options?
- What risks are associated with the treatment options?
- How do I know what the best treatment is for me?
- What's the difference between Surgical Aortic Valve Replacement (SAVR) and TAVR?
- Am I a candidate for the less invasive TAVR procedure?
- If valve replacement is right for me, how quickly do I need the procedure?

TAVR scheduling & recovery questions

If you and your heart team determine that minimally invasive TAVR is your best treatment option, be sure to discuss in advance the specifics surrounding your procedure.

Preparing for the TAVR procedure:

- What do I need to do to prepare for my TAVR procedure?
- What should I bring to the hospital?
- How will my family/caregiver be notified during and after the procedure?
- What is the check-in time for my procedure?
- Where is the location of the procedure?

Planning for your recovery:

- When can I exercise after the procedure?
- Any medications that should/should not be taken?
- What foods or drinks are recommended/should be avoided?
- Are there any protocols to prevent infection?
- What are the directions for showering afterwards?

1. Grubb KJ, et al. JACC Cardiovasc Interv. 2023;16:558-570.

2. Mehran R, et al. Small aortic annuli patients treated with TAVI: Outcomes in women in the SMART trial. Presented at EuroPCR; May 2024.